

*Roskilde International Mothers Group,
-For pregnant women and mothers with
Newborns and small children.*



Roskilde Kommune offers English speaking mothers and mothers to be, the opportunity to join an international mothers group.

The International Mothers Group is an opportunity to form a network, and gain support as a new mother/ pregnant in a foreign country.

Some topics that will be discussed are: breastfeeding, starting solids, sleeping habits, what it's like to be a mother in a foreign country etc.

Please contact me for further information.

Kind regards, Betina Nyby, nurse / healthcare

Mobil 24791069

betinanyby@roskilde.dk

www.sundhedsplejen.roskilde.dk

Illustration: Eva Flinch Gjedde

Dates for our mothers group:

2023

Friday 8/9 10-12

Friday 6/10 10-12

Friday 10/11 10-12

Friday 8/12 10-12

2024

Friday 5/1 10-12

Friday 9/2 10-12

Friday 8/3 10-12

Friday 5/4 10-12

Friday 17/5 10-12

Friday 7/6 10-12

We will meet on Gormsvej 9, the gray barrack next to our parking lot.